

Roles of Physical Therapy in Stroke Rehabilitation

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Perception of Physical Therapy

- Physical Trainer ?
 - Masseur ?

Physical Therapy for Stroke

The physical therapist relies on knowledge of human anatomy/ neuroanatomy and normal motor control to facilitate return of normal functional mobility.

Initiation and Duration of Treatment

- Acute care
- In-patient rehabilitation
- Home Health
- Outpatient
- Support Groups

Areas of Assessment Include:

- Strength
- ROM
- Muscle Tone
- Coordination
- Sensation

Areas of Assessment (cont.)

- Balance
- Functional Mobility Skills
- Endurance
- Discharge Needs

- **Goal Setting**

Treatment Approaches

- Traditional approach
- Research driving newer treatment approaches

The Physical Therapist as an Educator

- Patient
- Family / Caregivers