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Marketing Takes Hold

In January 2008, the Colorado Neurological Institute (CNI) Board of Directors approved the creation of a marketing plan for implementation in Spring 2009. The planning process for this marketing plan has been beneficial in a variety of ways. It has provided CNI with a strategic marketing procedure, it caused board and staff members of CNI to examine their practices objectively, and has assisted in identifying our strengths, weaknesses, opportunities, and threats as a nonprofit organization.

At the onset, we created and implemented a market research study and then carefully assessed the existing CNI website. Next, CNI member-physicians, patients and donors were surveyed to learn their perceptions and opinions. Findings suggest that our member-physicians value CNI for facilitating physician partnerships, as support for their research, and as a provider of marketing tactics for their practices. The patient and donor survey findings indicate that a personal familiarity with a neurological disease or condition impact their involvement with CNI. Also, patients and donors have a continuing need for relevant information on neurological concerns.

Secondly, we reviewed the current CNI website. Based on research data, we are in the process of updating our website to better meet the needs of our community. We are confident the outcome will be a website that is connected to our ongoing marketing plan and will provide greater assistance to our physicians, patients and donors of the Rocky Mountain Region. Visit www.thecni.org.

The completion of this marketing plan will greatly add to the successes of CNI in enhancing the delivery of personalized, comprehensive and state-of-the-art care to patients with neurological conditions through coordinated patient care, education, research, and outreach activities. Thank you to CNI's marketing committee members, a group of talented business and medical leaders, for investing your time and expertise to the support, growth and accomplishments of Colorado Neurological Institute.



John J. Burnett, PhD
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COMMUNICATIONS COMMITTEE

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H. Charles Wolf (1958-2009)

Charlie, to those of us who knew and admired him, was a very special man. Many of you are only familiar with the Charlie who spent so much time at CNI battling brain cancer for most of the past seven years. Let me tell you about the Charlie that we all came to know. Never accepting the notion that a brain tumor was going to keep him down, Charlie fearlessly set out to beat this monster into submission. He faced neurosurgeries, chemotherapy, radiation, stem cell transplant, gamma knife surgery and more.



In the midst of this, he wrote two books about his fight with glioblastoma multiforme. He walked to raise monies for national brain tumor research and rode his bicycle to raise money for the CNI Center for Brain & Spinal Tumors. He would don one of his many CNI bike jerseys and walk his Highlands Ranch neighborhood to raise money for CNI to support patient assistance, research and other patient services. He attended support groups, healing services lectureships, the annual Reflecting the Light services, the much loved Long Term Survivors Party and graciously with his wife, Kathy, hosted several of the "Hole in the Head Gang" gatherings, a social club for the brain tumor patients. He was awarded CNI's highest honor a few years ago, a "Hope Award."

Charlie lost his battle with cancer on January 28, 2009, but his spirit and memory will live on in all who knew him and looked to him for encouragement and support. From the patients at CNI who will directly benefit from his fundraising efforts, to the co-workers at Rocky Flats to the friends and family who miss him so much. From Senator Udall who promises to fight for the nuclear weapons plant workers by pursuing compensation for these victims under the Charlie Wolf Act, to his beloved dog/pet/companion, Archie, he will be missed.

The CNI Center for Brain & Spinal Tumors is a beneficiary of the annual Elephant Rock Cycling Festival. In 2008, Charlie and Kathy raised the most money of all riders. In honor of Charlie we will place his name on this year's jersey as a tribute to his spirit and courage. Charlie's legacy continues.

Friends and family of the Wolf family have been asked, in lieu of flowers, to make donations in his memory to the CNI Center for Brain & Spinal Tumors.

CNI is privileged to send you this newsletter.

If you have a change in address, would like us to remove your name from our mailing list, or wish to join our electronic list, please contact us by phone at **303-806-7417**, email mcmoss@thecni.org or mail to:

CNI
701 E. Hampden Avenue
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Englewood, CO 80113

SAVE THE DATE

ELEPHANT ROCK

June 7, 2009

10th Annual

CNI OPEN GOLF TOURNAMENT

Saturday, June 26, 2009

DANCING FOR HOPE

Saturday, August 15, 2009

Tributes & Memorials FROM 11/8/2008 THROUGH 3/15/2009

Paul H. Adair

Ruth Stucky

Ed Alexander

Steven Cohen and Marilyn Heller
Louis and Ginny Messina

Matthew Bacher

Gary and Cynthia Bacher

Vincent Bartholomew

4Charity Foundation, Inc.

Molly Bathauer

Computer Research
Timothy Donnegan
Greg and Lorre Gibson
Lynda Greeley
Dr. Carol Greenwald
Greg Kelly
Doug and Marie McNichol
Stacy Pocrass and Terri Tilliss
Sherman and Louise Poppen
Edward and Adele Scutellaro
Marybeth Sobel
Jan Spitzer
Terrance and Eleanor Taylor
Joseph and Kristen Wilson

Gene Branson

Dolores Branson and Jill Olson

Irene Brennan

Jerold Brennan

Helen Briglia

Greg and Lorre Gibson

Mary Chrisman

Kaloust and Aroussiag Christianian

Melvin Davis

David and Bettie Bacharach
Richard and Barbara Long
Helen Taylor
Heather Tepley

Paul Distefano

Louis and Ginny Messina

Lee Druva

Marianne Horner

Michael Eshelman

Cymetech Corporation

William Farley

Jimmy and Teresa Carter
John Christian
Kathy Christie
Barbara Farley
Richard and Linda French
Dr. Carol Greenwald
Dr. Will and Marjorie Guard
Gary and Charlotte Jewell
John and Peggy Johnson
Maurice and Charlotte Larue
Wayne and Joyce Lowdermilk
Louis and Ginny Messina
John and Linda Roberts
James and Margo Shepler
Judith Stucky
Wichita Medical Research
& Education Foundation
R. Marc and Luanne Williams

Joe Franzgrote

Elliot and Beth Bass
The Colorado Trust Directed
Contributions Program
Irwin and Muriel Fishman
Gannett Foundation
Robert and Judi Newman
Robert and Clara Strassburger

Gairy Gordon

Prudence McKenzie

Ken Inghram

Hewlett Packard Company
Foundation

Ray Jost

Jennifer Jost

Art and Kathy Judd

Don and Henny Kaufmann

Robert Kaufmann

The Colorado Health Foundation

Sharon Lewis

Dave and Lynne Anderson
Craig and Diane Brown
Terry and Vickey Foster
Craig Lewis
Sherman and Judy Minter
David and Betty Turner

Reagan Linton

Raymond Satter

Walter Lurie

John and Pamela Batchelor
Joe and Sandy Bean
Morton and Doris Berkowitz
Renee Brilliant
Renee Ruth Cohen
Steven Cohen and Marilyn Heller
Barbara and Herschel Cravitz
Janet Frank
Norma Fried
Ben Friedman
Herbert and Arlene Galchinsky
Lorna Grenadier
Jack and Celeste Grynberg
Naomi Halpern-Wisott
Hazen Research, Inc.
Dwayne Hertel
Lesley Lang
Ray Leidig and Jill London
Lois London
Dr. Marianne Wamboldt
Bonnie Merenstein
Robert and Barbara Nieder
SAP Matching Gift Program
Mary Sibley
Clive and Ruth Solomons
Bernard and Devera Thorn
Dr. Marianne Wamboldt
R. Marc and Luanne Williams

Pattie Mahan

Russell and Mitchell Mahan
Bruce and Paula Mannebach
Paul and Pauline Selig

Kendall Malkin

Steven Malkin and Pamela Weiner

Diane Mazzitelli

Delta Dental of Colorado

Zane Melmed

Paul and Roni Melmed

Patrick Nelson

Clark and Kay Gilbert

Robert Nelson

Pearl Nelson
Thomas Tucker

Mahendra Parmar

Neelam Parmar

Louise Poppen

Douglas Johnson

Marjorie Rubin

James Eichberg and Susan Rubin

Kristine Schickling

Berdell Akin
Deborah Brown
David and Carol Fredlund
John and Jane Hedberg
Paul and Donna Russ
Raymond Schickling

Dan and Julie Schlager

Schlager Family Fund

Lauretta Schreppe

Nathan Bargiel
Jamie Butz
Daryl and Christine Detrick
David and Melissa Flynn
Cindy Furst
Hatch Estate Revocable Trust
Karen Rush
Elizabeth Y. Shwayder

Beth Sherman

Peter Sherman

Mark Slaughter

Mike and Roberta Slaughter

Victor E. Stucky

Judith Stucky

Sundaramba

Padmini and M. Chandra Sekar

**William McK. and
Marcia N. Thompson**

Nancy Atkinson Raybourn

William McK. Thompson

Marcia N. Thompson

Jennifer Vincent

Covidien

Bunny Wanner

Louis and Ginny Messina

Charlie Wolf

Daniel Baun
Lawrence Baun
Ken Bell
Edith D. Blank
Ed Bodey
Keith and Joy Brunner
Stephen Buescher
Suzanne Chambers
Jennifer Cho
Richard and Laura Colella
David Del Vecchio
Paul and Jeannene Evensted
Mark and Pam Fiechtner
Doris Fraley
Melissa Francis
Sam Ghaly
Greg and Lorre Gibson
Dr. Carol Greenwald
Kent and Michelle Hageman
Tom and Patti Hall
Nancy Ingham
Ronnie Kerr
Robert and Clara Kling
M.K. and E.M. Korenko
Darlene Lockston
Melinda Lorenz
Sandra D. Majoras
Rudolph and Margaret Matjazic
Betty Merrell and Patti Hall
Scott and Lisa Miller
Raymond and Bonnie Minsterman
Charles and Eliana Moore
Bob Otterbeg
Achille and Janice Petrocchi
L. and B. Poelma
Sherman and Louise Poppen
David and Jenny Roberts
Stephen and Jane Roe
Kevin and Sharon Ryan
Edward and Adele Scutellaro
James Simonetti
Jan Spitzer
Margaret St. Pierre
Rhonda Thomas Realty Company
Ed and Robin Toms
John Wilczynski and
Jan Chavez-Wilczynski
R. Marc and Luanne Williams
Jean Yien
Erin Ziemianski
Joseph and Margaret Ziemianski
Thomas G. Ziemianski

Kimberly Wolffis

Barbara Vanderjagt

2008 Hope Award Recipients

Charles Louis

Making a difference
with a message of hope



On any given day, if you ask Charles Louis how he is, he'll say, "I'm blessed!" The sincerity and conviction of his voice make it clear that this is more than a casual response; it's a declaration of his absolute gratitude for life every single day, struggles and all.

And Charles has indeed faced many struggles over the past three years. He suffered a hemorrhagic stroke in January 2006, and he has been on a long journey of recovery since then. After three weeks in a medically induced coma following his stroke, Charles woke up to a different body and life. He had very little use of his right arm, short-term memory loss and difficulty walking. He required extensive rehabilitation services, yet had limited resources to afford them.

Having just begun a new job in the weeks prior to his stroke, his insurance ran out quickly. His mother, Marlene Washington, stayed by his side throughout his ordeal and helped out as much as she could with medical costs, but her retirement savings soon ran out as well.

Together, both Charles and his mother researched possible resources within the community that might help. They found CNI. Through a grant program at CNI's NeuroHealth Center, Charles was able to receive physical, speech and occupational therapy at no cost. Within several months, he recovered much of his pre-stroke mobility and capabilities, although he still has some problems with his gait.

However, you won't hear Charles complain about any of his remaining challenges; instead, he focuses on how much he has gained through his experience with stroke—and CNI. An anchor member of two stroke support groups, including one at CNI, Charles gladly shares his story with patients and family members who may be going through similar struggles. Last year, he even overcame his fear of public speaking and agreed to be the keynote speaker at the Hiawatha Davis Health Initiative Luncheon, sponsored by the Black United Fund of Colorado. Facing an audience of people he had never met, Charles mustered his courage to talk about his experience with honesty, humor and humility, bringing many attendees to tears in the process.

"A lot of people are just like I was—living their life day to day without realizing they're at risk," he said. "I was overweight with high blood pressure, high cholesterol and lots of stress. I just want to help people understand that they can make changes that may help them avoid what I went through."

Charles also volunteered at the 9Health Fair in 2008, working alongside his mother to help out at the stroke table. Asked if he plans to continue his volunteer efforts within the community, Charles agrees without hesitation. He says, "I'm nobody, you know...but if I can help people understand how important it is to take care of themselves, then maybe that's something."

Andrea Kennedy

Transforming dreams into reality



Like many young women, Andrea Kennedy dreamed of one day getting married and starting a family. Still in her early 30s, she was active and healthy and intent on enjoying every aspect of her life. But toward the end of 2004, she began to notice some concerning problems; namely, an increasing numbness on the left side of her face and body. An MRI later showed that the cause was a mass in the right frontal lobe of her brain. On New Year's Eve that same year, a surgery to remove the mass revealed it was a high-grade, malignant brain tumor.

Andrea's surgeon provided the names of two oncologists for her to interview for her ongoing treatment. The first doctor she saw walked into the examining room and handed her an article about a particular medication, stating bluntly that "this treatment could add another year to your life." Until that moment, Andrea had never considered that she might not survive the tumor.

The second doctor was Dr. Edward Arenson at CNI's Center for Brain and Spinal Tumors. She recalls, "In my first meeting with Dr. Arenson, he reviewed everything with me and said five words I'll never forget: 'I want to cure you.' At that moment, I knew he and I had the same goal, and he was the doctor with whom I wanted to work."

Andrea underwent an aggressive treatment plan involving three weeks of daily radiation followed by several months of chemotherapy. While still in the midst of her treatment, she

met and fell in love with her now husband, Mike. They were married in August 2006, after Andrea completed her full course of treatment.

Since then, Andrea's involvement with CNI has evolved beyond medical care. She participates in CNI's Healing Services and is a member of an advisory committee for the Center for Brain and Spinal Tumors. Last year, she also became a first-time honoree at CNI's annual Long-Term Survivors' Party and completed the Elephant Rock Cycling Festival in Castle Rock, Colorado, to raise funds for CNI.

Andrea also continues to have regular follow-up appointments with Dr. Arenson and his team to ensure that she remains tumor free. MRI scans are typically a key part of these check-ups. However, last summer this routine test had to be modified for an exciting new development: Andrea's pregnancy!

"Mary, his nurse, told us that if I became pregnant, they wouldn't use a special dye that highlights the area of my brain where the tumor was. So when Dr. Arenson went to view the MRI scan during that appointment, he was first a little annoyed that the dye hadn't been injected," she recalls with a grin. "Then he realized why."

On February 7 this year, Andrea and Mike welcomed their new daughter, Catherine Marie, into the world. At 6 pounds, 6 ounces and 19.5 inches, she is a healthy baby girl. For Andrea, Catherine Marie's birth is the final part of her dream come true—and a very happy ending to a difficult journey. "I'm grateful to have so much of that behind me," she says. "But I'll never forget it. I don't want to...it reminds me to always cherish what's most important."

Kelin McCloskey

Overcoming obstacles
and inspiring others



Kelin McCloskey is one of those kids that excels on just about every level—sports, studies and even the arts. While impressive achievements on their own, they are made all the more remarkable when you consider that Kelin has virtually no ability to hear on her own.

Smart, creative and highly energetic, Kelin was born with an inner ear abnormality that quickly progressed to profound hearing loss in one ear and limited hearing in the other. Although Kelin received regular auditory verbal therapy, the continual decline of her hearing capabilities made efforts to communicate and learn exhausting for her.

The family turned to Dr. David Kelsall at CNI's Center for Hearing, who explained that Kelin was a good candidate for a cochlear implant. On February 19, 2001, she underwent surgery and began to experience a world filled with sound for the first time. "After the implant, sound came more easily to her; she didn't have to struggle just to understand bits and pieces anymore," her mom, Julie, says.

Kelin is now 12 years old and is mainstreamed at school. She requires no special services or support and is taking advanced classes in just about every subject. In addition, she plays soccer, sings in her school choir and performs in school musicals, including a solo performance in the *Aristocats*. She also participates in a district-wide reading competition, is learning piano and sign language and participated in an American Girl Fashion Show with her sister, Molly, to help raise funds and awareness for CNI.

Of course, Kelin doesn't see anything extraordinary about all this. She similarly doesn't make a big deal about her cochlear implant. For her, it's just a part of who she is. She decorates it with colorful stickers and is happy to talk about it with kids or adults who may not know what it is. "I tell them it helps me hear," she says. "Once they understand it, it's no big deal." Kelin and her family also attend CNI's Cochlear Kids Camp every summer. "It's my favorite time of year," Kelin says.

At home, Kelin's family remains a key source of support and encouragement. Her 10-year-old sister, Molly, for example, has a special relationship with her big sister. Not only is she Kelin's biggest fan, but Molly also watches out for her whenever they're together, particularly to make sure she doesn't miss hearing things in loud or hectic environments. Her mother and her father, Tom, have also been amazing advocates for their daughter as well as other kids with hearing loss. Since 2000, in fact, Julie has been actively involved in ensuring access to critical resources for children, helping promote passage of key legislation that mandates insurance coverage for hearing aids for children and also lobbying to secure Medicaid reimbursement for children's cochlear implants. She also is a regional parent organizer for Hands and Voices, which provides information and support to families affected by hearing loss.

"Kelin is my inspiration," her mom says. "She's never been afraid of anything. That's who she is."

continued on the next page...

2008 Hope Award Recipients continued...

Scott Orr

Bringing hope into focus



Having worked for 25 years in television news, Scott Orr has seen and reported on just about every kind of story you can imagine. But last summer, he found himself at the center of a feature he never imagined possible: his own battle with Parkinson's disease (PD).

Scott's battle started several years ago with the onset of near debilitating tremors in his left arm and leg. Beginning as a minor twitch in his left finger, the tremors quickly progressed to affect his entire left arm and leg, making it difficult to even go to the grocery store without invoking stares and questions from strangers.

Scott's eventual diagnosis of PD in 2004 was devastating. "The first thing that went through my mind was all the things I wouldn't be able to do anymore," he recalls.

Given the severity of Scott's tremors, his initial neurologist recommended that he go to CNI. After an in-depth consultation and examination, CNI's Dr. Rajeev Kumar recommended several different drug treatments to bring Scott's tremors under control. The high dosages required, however, ultimately resulted in side effects that prohibited any long-term use of the medications.

Fearing his options were nearly exhausted, Scott was relieved to be given another glimmer of hope: Deep Brain Stimulation (DBS) surgery. Upon Dr. Kumar's recommendation and a detailed explanation by neurosurgeon Dr. John McVicker of the procedure, which effectively controls the symptomatic movements of PD through ongoing electrical impulses, Scott agreed to the surgery.

For Scott, the surgery not only offered a new possibility of relief from his tremors, it also presented a unique opportunity to help others living with the disorder. As assignment editor for Channel 2 News, Scott approached his news station executives to propose a 30-minute documentary to chronicle his experience, spanning from his present condition to the surgery and the eventual results—no matter what they proved to be.

In Spring 2008, Scott and his crew began filming, capturing the difficult realities of his day-to-day life with the constant tremors. Then, on April 8, he underwent surgery at the CNI Thompson Center for Restorative Neurosurgery. Awake for most of the procedure, Scott was able to converse with the

doctors during his surgery and returned home within 24 hours of its completion. After approximately two weeks, he returned to CNI to fine-tune the stimulator and within a few minutes, he reported "no pain and no tremors."

While Scott still had some challenges ahead, including relearning how to use his left hand, he recalls he knew immediately that "he had his life back again."

Scott's documentary of his journey aired in May 2008 and generated record level audience response. He also wrote a three-part article detailing his experience, which appears along with the documentary on Channel 2's website at

www.kwgn.com/parkinsons. In addition to these efforts, Scott has also volunteered his own time to complete an informative radio ad regarding DBS, participated in various fundraising events for CNI and continually communicates with patients and families via email to share his experiences with PD and CNI.

"My goal is to make sure people know DBS exists, how it works and what it can do—so they can make the most informed decisions for their own needs," he explains. "The people at CNI—their goal is to give you back what disease has taken away. They are the ones who really change people's lives."

Richard Mouriquand

Facing challenges with unwavering courage



While courage isn't something Richard Mouriquand talks about, it is clearly a quality that comes to mind when learning about the many challenges he has faced and overcome during his young life.

At age 20, Richard was diagnosed with a large arterial venous malformation (AVM) in the right frontal lobe of his brain. With surgery too risky due to the size and location of the AVM and virtually no other options available at the time, Richard chose to continue living his life as normally as possible and to pursue his lifelong dream of becoming a law enforcement officer. With the approval of his neurosurgeon and the constant support and encouragement of his parents, Richard graduated from the Colorado Police Academy in 2001 and became a deputy sheriff in Canon City, Colorado.

"There definitely was a fear after the diagnosis," Richard explains. "But I didn't want it to hold me back from everyday life."

Beginning in 2003, Richard's health challenges began to increase with the onset of mild seizures and increasingly severe headaches. With no safe treatment yet available, Richard became increasingly aware that his AVM was a "ticking time bomb" in his head. After suffering a grand mal seizure in December 2005, emergency room doctors advised him and his parents that he would likely not survive much longer without some kind of treatment intervention.

"We lived with an impending sense of doom," Richard's mom, Gena, recalls. "Each day, we didn't know if the worst might happen."

In January 2006, the family met with CNI's Drs. Paul Elliott, Daniel Huddle, Donald Frei and Richard Bellon. By this time, Richard was developing progressively worse headaches and visual problems. After extensive review of his clinical pictures and radiographic studies, the doctors informed the family that Richard would be a good candidate for a newly developed interventional and neurosurgical treatment.

"It was our first ray of hope," Richard's father, Jake, explains. "I don't think any of us had any doubt that this was what we'd been praying for."

Over the course of two years, Richard underwent seven embolizations, a specialized process that involves injecting a glue-type substance into the AVM to shut down the blood flow and reduce its size. Once complete, Richard had two craniotomies. The first procedure lasted 22 hours, in which the majority of the AVM was removed. Finally, Gamma Knife

Radiosurgery was used to treat the remaining tissue. Throughout each surgery, Richard's parents remained fully confident in the CNI team.

"They shepherded us through our fears, providing us with hourly updates and reassurances," Gena explains. "We came to believe that the entire team was treating our son as if he was their own child."

Although the procedures were a resounding success, the prolonged pressure caused by the AVM on his optic nerve ultimately resulted in permanent vision loss for Richard. Deemed legally blind and able to see only shadows and light, Richard at first felt overwhelmed by this new challenge. But rather than accept defeat, he found the courage to move forward—again. In March 2008, he graduated from the Colorado Center for the Blind and has since begun working for a division of the Colorado Department of Corrections in Denver. Now 28, he and his girlfriend, who is also blind, enjoy concerts, the theater and many other activities throughout Denver.

"This whole experience has made me realize how lucky I am," Richard says. "I feel stronger than ever. It's also made me more aware of, and amazed by, other people who are living with different challenges and disabilities."

For Richard's parents, his courage is both a source of pride and inspiration. "As a parent, you always want your kids to look up to you," Jake explains. "But we're the ones who look up to him. He's our hero."

Support Groups

CNI CENTER FOR BRAIN & SPINAL TUMORS

Healing Services are held the 1st Wednesday of every other month at 7 p.m. in the Swedish Medical Center Chapel.

Patient and Family Support Group—Meets the 1st Wednesday of the month from 5:30 to 7 p.m. at Swedish Medical Center.

Please contact **Lorre Gibson** for more information, times and locations at 303-806-7420, or lgibson@thecni.org.

EPILEPSY

The CNI Epilepsy Support Group meets the 3rd Tuesday of the month. The meeting is a combination of education and support and is open to patients with epilepsy and their families. Meetings are held at Swedish Medical Center, Conference Center. **For more information please contact Peggy Hugger, RN at 303-762-6677.**

CNI CENTER FOR HEARING

Adult Cochlear Implant Recipients Group—A support group for adults with cochlear implants or adults considering implants. Meets several evenings each year at Swedish Medical Center.

Contact **Judith Stucky** at jstucky@thecni.org or 303-806-7416 for more details or visit the web site at <http://www.thecni.org/hearing/supportgroups.htm>.

STROKE SUPPORT

For stroke survivors and caregivers. Meets in the Conference Center at Swedish Medical Center. **For more information, please contact Wade Jensen at 303-788-8675.**

PARKINSON'S DISEASE

Parkinson's Association of the Rockies (PAR) manages over 30 PD support groups in Colorado, Wyoming and Western Nebraska. **You may contact them at 303-830-1839 or visit their web for a complete list of dates, locations and times at www.parkinsonrockies.org.**

CNI Mission Statement

The mission of the Colorado Neurological Institute is to enhance the delivery of personalized, comprehensive and state-of-the-art care to patients with neurological conditions through coordinated patient care, education, research, and outreach activities.



Going Green...

If you would like to receive information from CNI via email, please contact mcmoss@thecni.org with your email address.

CNI

For information about how to help support CNI through contributions or volunteer efforts, or to subscribe to *InTouch*, please call us at **303-788-4010**, email mcmoss@thecni.org or write to us at:
701 E. Hampden Avenue, Suite 330
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A return envelope has been included for your convenience.